

ORGANIC WHITE COCONUT OIL



Ingredients - Organic coconut white kernel



Available In 200ml / 300ml / 450ml / 500ml / 950ml / 1000ml / 2L pail / 4L pail / 10L pail / 20L pail / 192kg drum / 1000L totes.

Organic White Coconut Oil is unrefined and with no flavours, colours or preservatives. This is good as a cooking oil.

Nutrition information Per 100 g	
Energy	889.91kcal
Total fat	99.89g
Saturated	94.60g
Monounsaturated	4.25g
Polyunsaturated	0.76g
Trans	0.00g
Fatty Acids	
Lauric	47.00g
Caprylic	8.00g
Myristic	17.90g
Capric	5.50g
Protein	0.20g
Carbohydrates	0.00g
Sugar	0.00g
Sodium	2.20mg
Gluten	0.00g
Dietary Fiber	0.00g



SHELF LIFE 2 YEARS